


September

2015



K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
				No School
7	8	9	10	11
 Labor Day No School		Chicken Nuggets** <i>*Baked Beans</i> Salad Bar/Fruit Bar/Milk	Pancake Wrapped Sausage Bites (Turkey) ** <i>*Fresh Grapes</i> Salad Bar/Fruit Bar/Milk	
14	15	16	17	18
Mozzarella Sticks**W/Sauce <i>*French Fries</i> Salad Bar/Fruit Bar/Milk	Sausage, Egg & Cheese on a English Muffin** <i>*Apple Slices</i> Salad Bar/Fruit Bar/Milk	Cheeseburger on a Bun** <i>*Baked Beans</i> Salad Bar/Fruit Bar/Milk	Chicken Rings** <i>*Mashed Potatoes</i> Salad Bar/Fruit Bar/Milk	
21	22	23	24	25
French Toast Sticks** W/ Sausage & Blueberry Muffin** <i>*Applesauce</i> Salad Bar/Fruit Bar/Milk	Spaghetti** W/Meat Sauce <i>*Steamed Cauliflower</i> Salad Bar/Fruit Bar/Milk	Nachos ** W/Meat & Cheese <i>*SideKicks Frozen Juice</i> Salad Bar/Fruit Bar/Milk	Pepperoni Cheese Pizza** <i>*Baked Beans</i> Salad Bar/Fruit Bar/Milk	
28	29	30		
Hamburger on a Bun** <i>*Baked Beans</i> Salad Bar/Fruit Bar/Milk	Bosco Sticks** W/Sauce <i>*Fresh Grapes</i> Salad Bar/Fruit Bar/Milk	BBQ Chicken Drumstick Dinner Roll** <i>*Roasted Potatoes</i> Salad Bar/Fruit Bar/Milk		

Salad Bar Consists of: Lettuce, Broccoli, Carrots, Celery, Cucumbers, Tomatoes and an Assortment of Condiments
Fruit Bar Consists of: Apples, Oranges, & Bananas (When Available)
Milk, Choice of: Low-Fat (1% or less) Unflavored or Skim/Fat-Free Flavored



Breakfast – Repeats Weekly

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal** Blueberry Muffin** Fresh Fruit Juice Milk	Pop-Tart** Yogurt Fresh Fruit Juice Milk	Cereal** Blueberry Muffin** Fresh Fruit Juice Milk	Breakfast Bar** Yogurt** Fresh Fruit Juice Milk	

** Whole Grain

Menu Subject to Change

Free and Reduced Applications are available at all schools

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